



Lancashire
Adult Learning

Family Learning Online

This September, our Family Learning offer is moving online!

We're continuing to work with families and schools across Lancashire, and understand that face to face delivery may not always be possible.

Therefore, we are pleased to be offering bespoke Live Online Classrooms for individual schools, as well as a number of online flexible learning courses for families to access in their own time.

This mini-guide lists the courses and sessions that will be available for you to book from September onwards.

Course delivery explained:

Live Online Classroom	<p>The course is booked for a specific day and time, Parents/Carers will learn together in a virtual classroom via an online platform (Microsoft Teams/Zoom) The sessions will be delivered live by a LAL teacher and learners will be supported to work through the course content. Learners will be given access to Moodle (VLE – our Virtual Learning Environment) so activities can be completed during and between sessions.</p> <p>LAL will provide schools with publicity and reply slips for parents to sign up to the course and details of how to access the course online.</p>
Online Flexible Learning	<p>The course is available for families to access at any time and 'learn at leisure' The course is accessed via Moodle (VLE – our Virtual Learning Environment) where families will work independently, at their own pace to complete and learners will receive support to complete the course where necessary.</p> <p>LAL will provide schools with publicity and details of how to access the course online.</p> <p>Please note it is possible for all the Live Online Classrooms to be delivered as Online courses. (Excluding accredited courses)</p>

Parent/Carer and child courses

Course Title	Duration	Course Delivery Method	Course Outline	Suitable for
Let's Engineer	2.5 hrs	Live Online Classroom- After school course	Families will work together to tackle different STEM based challenges. Problem solve, design, work as a team and have FUN! All challenges will use materials readily available at home.	Families with KS1 or KS2 children
Science Spectacular	2.5 hrs	Live Online Classroom- After school course	Families will work together to explore various scientific experiments- using their home laboratory to learn new science skills. All experiments will use materials readily available at home.	Families with KS1 or KS2 children
Family Yoga	2hrs x 3 weeks	Online Flexible Learning	Families will enjoy quality time together, building trust and bonding as a family through our new Family Yoga Course.	Families with KS1 or KS2 children
Nature Detectives	2.5 hrs	Online Flexible Learning	Families will explore a range of fun nature and environmental activities. Using natural materials to create a picture; look for signs of life around you in their garden or local environment; and create their very own twig loom.	Families with KS1 or KS2 children

Parent/Carer only courses

Course Title	Duration	Course Delivery Method	Course Outline	Suitable for
Playing and Learning at Home	2.5 hrs x 6 weeks	Live Online Classroom	Parents/carers will gain a deeper understanding of how children learn and develop as well as exploring fun and easy ways to support learning at home. Topics include: *The importance of play. *Learning opportunities in everyday situations. * How play is linked to children's literacy and numeracy development.	Families with children in EYFS or KS1 and KS2
Fun with Phonics	2.5 hrs	Live Online Classroom	During this session parents will learn how children are taught to learn to read at school. Parents will leave feeling better prepared to support their child on their reading journey. Tutors will check which Phonics strategies are used within school prior to the session.	Families with children in EYFS
Help your Child with Reading at Home	2.5 hrs x 3 weeks	Live Online Classroom	Throughout the course parents will develop their knowledge on how children are taught to read in school. Parents will explore a range of activities and ideas they can do with their child to support reading at home.	Families with children in EYFS or KS1

Fun with Maths	2.5 hrs	Live Online Classroom	During this session parents will learn how children are taught early maths at school. Parents will leave feeling better prepared to support their child with maths at home.	Families with children in EYFS
Help your Child with Maths at Home	2.5 hrs x 3 weeks	Live Online Classroom	Throughout the course parents will develop their knowledge on how children are taught maths in school. Parents will explore a range of activities and ideas they can do with their child to support maths at home.	Families with children in EYFS or KS1
Family EAL- Let's Read Together	2.5 hrs x 12 weeks	Live Online Classroom	During this course parents will have the chance to explore and develop English skills related to family and school life. They will look at how children are taught to read using phonics; how play helps children learn whilst at the same time developing English language skills.	Families with children in EYFS or KS1 who have English as an additional language. Suitable for those with low level English skills
Help your child with Coding at Home	2.5 hrs	Online Flexible Learning	Parents will learn what coding is and the importance and benefits of coding at a young age. Using different apps and websites parents will learn how children can thrive using digital technology Course will cover basic coding and programming and encourage families to use exciting apps together at home.	Families with KS1 or KS2 children

Keep your Child Safe Online	2.5 hrs	Live Online Classroom	This course gives parents an overview on how to keep their children safe whilst online. The course will highlight the importance of E-safety, parental controls, privacy settings and current apps popular with children.	Families with KS1 or KS2 children
Family Wellbeing	2.5 hrs	Live Online Classroom	This course looks at practical strategies to promote family wellbeing and will include topics such as mindfulness, emotional literacy, resilience and parenting tips.	Families with KS1 or KS2 children
Family Feel Good	2.5 hrs x 3 weeks	Live Online Classroom	Throughout this course parents will develop knowledge, skills and behaviours that will have the potential to improve their family's quality of life, health and wellbeing. Topics include 'You are what you eat' and 'Find your Zen.'	Families with KS1 or KS2 children

Parent/Carer only courses - Accredited

Course Title	Duration	Course Delivery Method	Course Outline	Suitable for
CACHE Level 1 Award in Preparing to Work in Schools	3hrs x 12 weeks	Live Online Classroom	This Level 1 accreditation is designed to prepare learners for further learning and training, while developing an understanding of the teaching and learning environment in a school setting, how to support the wellbeing of a child or young person and child, and young person development.	Those with an interest in working with children or child development.

CACHE Level 2 Award in Support Work in Schools and Colleges	3hrs x 24 weeks	Live Online Classroom	This qualification prepares learners to work in a school setting and develops the knowledge needed to care for children and young people in a way that aids their learning and development at all times.	Those with an interest in working with children or child development.
Childcare: CACHE Caring for Children Level 1 Award	3hrs x 12 weeks	Live Online Classroom	This qualification is designed to stimulate and encourage learners understanding of the skills required to care for children and it covers topics such as children's growth, learning and development.	Those with an interest in working with children or child development.
Childcare: CACHE Introducing Caring for Children and Young People Level 2 Certificate	3hrs x 24 weeks	Live Online Classroom	This course is designed for those looking to gain the necessary skills in Early Years. With units ranging from safeguarding to child development, the course gives a broad knowledge of childcare and prepares learners to work in the childcare sector.	Those with an interest in working with children or child development.

Important Information:

With the exception of Family EAL, learners should be able to follow verbal and written instructions in English at Entry Level 3 or above.

Entry 3 descriptors include:

- Read and follow simple instructions
- Listen and respond to simple statements and questions
- Be able to write in simple sentences

Costs

All our non accredited courses are free of charge. Please note a fee may apply for some learners on accredited courses, however in most situations these courses are free.

How to book

To find out more or to book courses please contact Laura Myers on l.myers@lal.ac.uk or 07387104474



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For more information, please contact us

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