

Sports Premium - 2020-21

St. Thomas the Martyr CE Primary School believes that physical education, experienced in a safe and supportive environment, makes a unique and vital contribution to a pupil's physical development and well-being.

The sports premium is funding in addition to the school's budget. Schools are free to decide how to allocate this funding to best support and improve provision of physical education [P.E.] and sport in the school.

In 2020/21 the school will receive **£17,630** in total.

We intend to use this funding in the following ways.

These include:

- Hiring specialist P.E. teachers and qualified sports coaches to work with our teachers and children. A specialist is employed in each area of P.E. per half term to ensure we provide the very best coaching for our children from coaches who are actively involved in the sport themselves in the delivery of after school sports clubs.
- Supporting and engaging the least active children in additional or existing school clubs.
- Paying for professional development opportunities for staff in P.E. and sport.
- Participating in sport competitions and increasing pupils' participation in P.E. and Games.
- Providing training for Playground Leaders to enable the older children in the school to set up and supervise various games for younger children during the lunchtime break.
- Introduction of extended swimming sessions and increased number of sessions over the year - including extra sessions for the children in the Reception class.
- Yoga teacher employed to support children across the school - supporting good mental health and well-being.

Examples of impact include:

- More children attending our sports clubs, this is especially true of our younger children for whom there were previously fewer after school sport activities available.
- Two of our children represent the school on the local Sports Council; the children discuss sporting activities across the local schools.
- Children have participated in regional events; including a tournament at Liverpool Football Soccer Academy and the Reception children at Everton Football Club's Finch Farm training ground.
- The school has been awarded the Gold Mark in the Sainsbury's Schools Games Award for 2019/2020.
- Training for Playground Leaders was undertaken to enable the older children in the school to set up and supervise various games for younger children during the lunchtime break.
- More children representing the school in sports competitions both in curriculum time and outside school hours, by entering additional teams.
- We are now able to offer a range of lunchtime sporting clubs in addition to after school clubs.
- Younger children are more actively involved in games organised by our older children, they in turn are gaining the experience of leading sporting activities in school.

More innovative teaching in swimming including extended lessons, improved planning and motivational certificates and badges for achievement resulted in 100% of last year's Year 6 pupils reaching National Curriculum standard.

The introduction of gifted and talented swimmers after school club has given our children the opportunity to broaden their skills and abilities. We intend to continue with these strategies.

Year 2 and Year 5 took part team building and resilience sessions over a half term.

The Year 1 classes participated in Forest Schools delivered by the Sports Partnership.

Bikeability sessions have taken place for children in the Year 5 and Year 6 classes. The Reception and Year 1 classes participate in balance bike sessions over a half term.

A sports specialist also provided a weekly exercise programme across key stage 2 (over a full term) to develop children's general fitness and knowledge around healthy living.

Children across the school have participated in Yoga sessions, delivered by a Yoga specialist.

The Daily Mile markings have been added to the playgrounds - children are encouraged to participate in this on a daily basis and during the morning running club.

About the PE and sport premium

All young people should have the opportunity to live healthy and active lives. A positive experience of sport and physical activity at a young age can build a lifetime habit of participation, and is central to meeting the government's ambitions for a world-class education system.

Physical activity has numerous benefits for children and young people's physical health, as well as their mental wellbeing (increasing self-esteem and emotional wellbeing and lowering anxiety and depression), and children who are physically active are happier, more resilient and more trusting of their peers. Ensuring that pupils have access to sufficient daily activity can also have wider benefits for pupils and schools, improving behaviour as well as enhancing academic achievement.

The School Sport and Activity Action Plan set out government's commitment to ensuring that children and young people have access to at least 60 minutes of sport and physical activity per day, with a recommendation of 30 minutes of this delivered during the school day (in line with the Chief Medical Officer guidelines which recommend an average of at least 60 minutes per day across the week).

The PE and Sport Premium can help primary schools to achieve this aim, providing primary schools with £320m of government funding to make additional and sustainable improvements to the quality of the PE, physical activity and sport offered through their core budgets. It is allocated directly to schools so they have the flexibility to use it in the way that works best for their pupils. The PE and Sport Premium survey highlighted the significant impact which PE and Sport has had in many primary schools across England.

Ofsted's new Inspection Framework, which came into effect from September 2019, gives greater recognition to schools' work to support the personal development of pupils, such as the opportunities they have to learn about eating healthily and maintaining an active lifestyle. Inspectors will expect to see schools delivering a broad, ambitious education, including opportunities to be active during the school day and through extra-curricular activities. Schools should consider how they use their PE and Sport Premium to support this.