

# Sports Premium - 2020-21

St. Thomas the Martyr CE Primary School believes that physical education, experienced in a safe and supportive environment, makes a unique and vital contribution to a pupil's physical development and well-being.

The sports premium is funding in addition to the school's budget. Schools are free to decide how to allocate this funding to best support and improve provision of physical education [P.E.] and sport across the school.

In 2020/21 the school will receive **£17,600** in total.

We intend to use this funding in the following ways.

These include:

- Hiring specialist P.E. teachers and qualified sports coaches to work with our teachers and children. A specialist is employed in each area of P.E. per half term to ensure we provide the very best coaching for our children from coaches who are actively involved in the sport themselves in the delivery of after school sports clubs.
- Supporting and engaging the least active children in additional or existing school clubs.
- Paying for a professional sports coach to teach basic P.E. skills once a week to the EYFS and year 1 classes.
- Participating in sport competitions and increasing pupils' participation in P.E. and Games.
- Introduction of extended swimming sessions.
- Yoga teacher employed to support children across the school - promoting emotional health and well-being.
- Extra weekly swimming session so swimming is taught from the Reception class up to and including Year 6.
- Purchase of new playground equipment and resources for after school clubs.

Examples of impact include:

- More children attending our sports clubs, this is especially true of our younger children for whom there were previously fewer after school sport activities available.
- Two of our children represent the school on the local Sports Council; the children discuss sporting activities across the local schools.
- Children have participated in friendly football matches with local primary schools.
- The school has been awarded the Gold Mark in the Sainsbury's Schools Games Award for 2020/2021.
- More children representing the school in sports competitions both in curriculum time and outside school hours, by entering additional teams.

Year 4 and Year 6 took part team building and resilience activities at educational residential trips.

The Reception class participated in Forest Schools delivered by the Sports Partnership.

Bikeability sessions have taken place for children in the Year 5 and Year 6 classes. The Reception class participate in balance bike sessions over a half term.

A sports specialist also provided a weekly exercise programme across key stage 2 (over a full term) to develop children's general fitness and knowledge around healthy living.

Targeted children across the school have participated in Yoga sessions, delivered by a Yoga specialist. Children access Yoga club in an extra-curricular club.

The Daily Mile is accessed by all of the children across the school.

Introduction of tennis coaches and cricket coaches to teach in Years 2, 3, 4, 5 and 6.

### About the PE and sport premium

All young people should have the opportunity to live healthy and active lives. A positive experience of sport and physical activity at a young age can build a lifetime habit of participation, and is central to meeting the government's ambitions for a world-class education system.

Physical activity has numerous benefits for children and young people's physical health, as well as their mental wellbeing (increasing self-esteem and emotional wellbeing and lowering anxiety and depression), and children who are physically active are happier, more resilient and more trusting of their peers. Ensuring that pupils have access to sufficient daily activity can also have wider benefits for pupils and schools, improving behaviour as well as enhancing academic achievement.

The School Sport and Activity Action Plan set out government's commitment to ensuring that children and young people have access to at least 60 minutes of sport and physical activity per day, with a recommendation of 30 minutes of this delivered during the school day (in line with the Chief Medical Officer guidelines which recommend an average of at least 60 minutes per day across the week).

The PE and Sport Premium can help primary schools to achieve this aim, providing primary schools with £320m of government funding to make additional and sustainable improvements to the quality of the PE, physical activity and sport offered through their core budgets. It is allocated directly to schools so they have the flexibility to use it in the way that works best for their pupils. The PE and Sport Premium survey highlighted the significant impact which PE and Sport has had in many primary schools across England.

Ofsted's Inspection Framework, updated in April 2021, gives greater recognition to schools' work to support the personal development of pupils, such as the opportunities they have to learn about eating healthily and maintaining an active lifestyle. Inspectors will expect to see schools delivering a broad, ambitious education, including opportunities to be active during the school day and through extra-curricular activities. Schools should consider how they use their PE and Sport Premium to support this.

The Sports Premium also allows us to achieve high standards in swimming:

Number of pupils who can swim competently, confidently and proficiently over a distance of at least 25 metres in Year 6 – 22/2

Number of pupils who can use a range of strokes effectively in Year 6 – 22/24

Number of pupils who can perform safe self-rescue in different water-based situations in Year 6 – 22/24

## Sports Events Calendar – 2021/22

### AUTUMN TERM

14.09.21 – Year 3 swimming

15.09.21 – Forest School – 9 weeks program – Reception class

15.09.21 – Year 6 swimming

15.09.21 – Martial Arts after school for Year 4 for the full year

16.09.21 – Year 5/6 – girl's football match versus St Richard's Catholic Primary School (home)

20.09.21 – Yoga for Year 1 and Year 2

21.09.21 – PLT meeting at St Thomas the Martyr CE

30.09.21 – Year 3 and Year 4 football tournament in pm – JMO

04.10.21 – Year 5/6 – football match versus Holland Moor (away)

07.10.21 – Year 5 and Year 6 football tournament in pm – JMO

13.10.21 – Year 3 and Year 4 – Bench Ball tournament at Appley Bridge – round 1

14.10.21 – Year 4 and Year 5 – girl's football tournament in pm – JMO

20.10.21 – Year 3 and Year 4 – Bench Ball tournament at Delph Side – round 2

21.10.21 – Year 5/6 girl's football match at Parbold Douglas Primary School

22.10.21 – Year 5/6 – indoor bowling event at Burscough Sports Hall

08.11.21 – Year 5/6 girl's football match versus Moorside Primary (home)

11.11.21 – Girl's Liverpool Cup – football tournament – Year 5/6 at JMO

12.11.21 – Year 3/4 - Multi-sports event at JMO

22.11.21 – Year 5/6 – Liverpool Echo Shield – first round versus Crawford Village (home)

23.11.21 – Year 5 girl's tennis event at OLQP

25.11.21 – Year 1/2 Sports Hall Athletics at Up Holland High School

26.11.21 – KS2 – SEN event at Burscough Sports Hall

03.12.21 – KS1 – SEN event at Burscough Sports Hall

07.12.21 – PLT meeting at St Thomas the Martyr CE

13.12.21 – Year 5/6 Sports Hall Athletics at Burscough Sports Hall

### SPRING TERM

02.01.22 – Year 4 swimming

20.09.21 – Yoga for Reception and Year 1

13.01.22 – PLT meeting at St Thomas the Martyr CE

19.01.22 – Year 5/6 - LFC football tournament at Anfield Sports and Community Centre

20.01.22 - Year 3 and Year 4 – Bench Ball tournament at OLQP – FINAL

26.01.22 – Year 3 at Dance Festival – Up Holland High School

02.02.22 – Girl's Year 5/6 - LFC football tournament at Anfield Sports and Community Centre

04.02.22 – KS1 Fundamental Skills session – Burscough Sports Hall

07.02.22 – P.E Plus starts – Nursery/Reception/Year 1

07.02.22 - Year 5/6 – Liverpool Echo Shield – first round versus Holland Moor (away)

23.02.22 – Year 5 swimming

24.02.22 – Year 5/6 - Bee Stingers session – Up Holland High

28.02.22 – KS1 – Scavenger Hunt at Ashurst Beacon

28.02.22 – STABLE LIVES for 6 weeks

01.03.22 - Year 5/6 girl's football match at Appley Bridge Primary

02.03.22 – BATON RELAY to Elm Tree Primary

02.03.22 – SWIMMING GALA at Park Pool

04.03.22 – Year 3/4 Personal Best Challenge at Burscough Sports Hall

07.03.22 - Year 5/6 girl's football match versus Delph Side (home)

10.03.22 – Year 5/6 High 5 match at Holland Moor Primary

11.03.22 – KS2 inclusion event – Dance at Burscough Sports Hall

16.03.22 – Year 5/6 – Bee Stingers tournament at OLQP

18.03.22 – KS1 inclusion event – Dance at Burscough Sports Hall

23.03.22 - Year 5/6 – Bee Stingers tournament at OLQP

28.03.22 – Year 5/6 – indoor bowling event at Burscough Sports Hall

28.03.22 – Year 5 football match versus Little Dignum (home)

31.03.22 – Year 3/4 Tag Rugby event

01.04.22 – Virtual Dance competition

## SUMMER TERM

19.04.22 – Year 2 swimming

20.04.22 – Year 5 swimming

20.04.22 – Cricket sessions (five weeks) – Years 2 and 3

20.04.22 – Miss Ma Fitness – KS2 – mornings

20.04.22 – Year 6 Bowling competition – Ormskirk High School

21.04.22 – Stable Lives – 6 sessions – 1 to 1

26.04.22 – PE Conference – Sports Partnership

04.05.22 - Year 5/6 girl's football match versus Holland Moor (away)

09.05.22 – Chess match versus Crawford Village (away)

12.05.22 – PLT meeting at Moorside Primary School

13.05.22 – Year 3/4 – Cricket at Burscough Sports Hall

13.05.22 – Year 6 Rounders' matches versus Little Dignum (home)

17.05.22 – KS2 Cross Country event at OLQP

18.05.22 – Chess match at Trinity Primary

20.05.22 – Year 3/4 – School Games Sports Day event at JMO

23.05.22 – KS2 Sports Day

23.05.22 – Year 5 football match at Trinity Primary School

24.05.22 – EYFS Sports Day

24.05.22 – Lancashire Primary PE Sports Conference at Edge Hill University

26.05.22 – KS2 Composite Relay at Up Holland High School

14.06.22 – Year 1 swimming

15.06.22 – Reception swimming

15.06.22 – Tennis coaching – 5 weekly sessions – Year 3, 4 and 5

15.06.22 – Year 1/2 Football tournament at Holland Moor

16.06.22 - Year 5/6 girl's football match versus Woodlands (home)

16.06.22 – Forward First football tournament – round 1 – Year 5/6 boys at Up Holland High

17.06.22 – Year 5/6 – Kwik Cricket at Skelmersdale Cricket Ground

20.06.22 – KS1 Sports Day

20.06.22 – Yoga with Year 1 and Year 4

21.06.22 – Year 5 PE session at Edge Hill University – Aspirations Day

24.06.22 – Year 5/6 Girls Football – Euros Tournament at JMO

28.06.22 - Year 5/6 girl's football match versus Cobbs Brow (home)

30.06.22 – Chess match versus Holland Moor (home)

05.06.22 - Year 3/4 – School Games Sports Day final at Blackpool

06.06.22 – Chess Congress at up Holland High School

08.06.22 – Year 6 Kwik Cricket matches versus Little Digmaor (home)

11.06.22 – Commonwealth Games Day - Edge Hill University – Mini Tennis and Tag Rugby – Year 5/6

12.06.22 – Forward First Year 5/6 boy's football final versus Crawford Village (home)

14.06.22 – Forward First Year 6 football tournament at Edge Hill University

15.06.22 –Year 6 mixed rounders' at Moorside Academy

To be added – Year 5/6 girl's football match versus Moorside and staff rounders' event

In blue – Forward First cluster event

In yellow – Organised by Sports Partnership